

If I am a writer, or a CEO, or a housewife for example, how can the workshop help me?

First of all, let me be clear. The workshop will not teach you how to write, or cook, or do business, dance, sing or whatever you do in your occupation. I do not know what to teach you about such things. However, I can awaken in you the enthusiasm and joy of being who you are and what you do and teach you the practice to be able to do things as well as you can and do so consistently in a creative and joyful manner. I will introduce to you the practice of being the best, joyful person that you can be doing what you do.